



Farm To Table | Private Chef |
Catering

www.taste-thislife.com

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BREAKFAST

Continental

Selection of juices, water

Pastries, Breads w/ Butter, Local Jams & Jellies

Fruit &/or Muffin, Cookie Platter

Coffee, Tea

Caribbean

Selection of juices, water

Porridge (Oatmeal, Cornmeal or Cream of Wheat)

Ackee & Saltfish

Fritters

Dumplings & Green Banana

Coffee, Tea

English

Selection of juices, water

Scrambled Eggs

Tomato, Mushrooms

Bacon, Sausage

Beans, Potato Hash

Toast

Coffee, Tea



Silver

Selection of juices, water
Pastries, Breads w/ Butter, Local Jams & Jellies
Scrambled Eggs
Bacon, Sausage
Breakfast Potatoes
Choice of Fruit, Muffin OR Cookie Platter
Coffee, Tea

Gold

Selection of juices, water
Pastries, Breads w/ Butter, Local Jams & Jellies
French Toast &/or Pancakes
Scrambled Eggs &/or Poached Eggs
Mushrooms, Avocado
Bacon, Sausage, Smoked Salmon
Herbed Breakfast Potatoes
Local Greens Salad & Seasonal Vinaigrette
Fruit &/or Muffin, Cookie Platter
Coffee, Tea

*Yogurt, & Porridge also available with Fresh Fruits & Local Honey





Chef Attended Breakfast

Selection of juices, water

Pastries, Breads w/ Butter, Local Jams & Jellies

French Toast &/or Pancakes

Eggs & Omelette Station

Crepes Station

Yogurt, Porridge w/ Fruit Station

Salad Station

Bacon, Sausage, Smoked Salmon

Herbed Breakfast Potatoes

Fruit &/or Muffin, Cookie Displays

Coffee, Tea

*Alcoholic Beverages also available (Sangria, Champagne etc..)